

Why do we SAY that?

Everyday phrases and sayings that have their roots in our Colonial past!



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- ◆ Did you ever wonder why we use certain commonplace sayings?
- ◆ What is the origin of “Crack a Smile” or “Let your hair down”?
- ◆ Do you “mind your P’s & Q’s”?

Believe it or not, most of these sayings date back to Colonial times!

Owner/Operator: Luisa Sherman

Luisa brings over 20 years of experience interpreting the Colonial period at local, state and national historic sites, and has worked at a number of nationally-renowned museums of history including Mystic Seaport. She logged 18 years as a certified Therapeutic Recreation Program Director, and operated her own 1790's Bed & Breakfast where she conducted Colonial cooking programs for guests. She maintains a vast historical research library.

Luisa has presented to historical societies, museums, schools, senior centers and civic groups since 1991.



Dressed in Circa 1776 attire, Luisa Sherman will take you on a fun and entertaining trip down memory lane as you learn about the origins of some of the most familiar sayings and idioms in the English language.

What makes this program so fun and unique?

- ◆ I use antique and reproduction colonial household items to help jog memories and increase the understanding of how the origin of the saying first took hold.
- ◆ The presentation is engaging and encourages active participation
- ◆ Our props and period clothing open up limitless additional conversations about Colonial Life and how much things have changed (or not) over the centuries

FAQ's—Frequently Asked Questions:

1. The program length is about 40-45 minutes.
2. Ideally our audience is set up in a large semi-circle so they can see our props easily and I can interact more directly with guests
3. I do bring our own portable wireless microphone system and will gladly use if needed, but typically my “Bingo calling voice” is sufficient.
4. Program bookings are available on weekdays (daytime or evening), however with notice, weekend dates can be scheduled.
5. The normal booking window is 3-4 weeks in advance.

Program Fee: \$75.00 *(Due to the high cost of travel, in addition to our program fee, a mileage fee of \$.55 per mile is charged for any travel over 20 miles round trip from Queensbury, NY)*

Additional Information

- ⇒ Serving New England and New York
- ⇒ Discounts available if several programs are booked over a few days in one geographic area
- ⇒ Programs available year round
- ⇒ Check out our other programs online
- ⇒ Excellent references

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